



Keep Informed

We are staying up-to-date with the latest information and safety guidelines from COVID-19 web pages: CDC: www.cdc.gov/coronavirus, Ohio Dept of Health: https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home, City of Middletown Dept of Health: https://www.cityofmiddletown.org/271/Health. Thank you for everything you are doing to keep yourself and your loved ones safe. We will update our facility guidelines as needed, and keep you informed about any new precautions implemented. We are encouraging people to share safety questions and concerns related to COVID-19 with MAC administration and check our website for our latest updates. We anticipate these guidelines will update regularly as this situation evolves.



Cleaning Procedures

In addition to our routine cleaning and disinfection procedures, a regular schedule has continued to be implemented to include disinfecting surfaces and "high touch" points such as counters, tables, desks, door-knobs, bathrooms, and handrails. Studios will be disinfected after each class usage.



Practice Good Hygiene

We are posting information in each studio in our facility about the importance of hand hygiene, face masks, respiratory hygiene, and cough etiquette. Tissues, alcohol-based hand sanitizer, and trash cans will be provided in each studio. Soap and water will continue to be available at all sinks and in the restrooms.



Protective Measures

We are following Ohio Department of Health and CDC guidelines with respect to protective measures regarding masks. Pursuant to current guidelines: Mask and social distancing requirements have been lifted for vaccinated individuals. All persons not fully vaccinated entering the building are required to wear masks and engage in social distancing in the facility.



Stay Home

We ask that people stay home if they feel ill, or have a sick family member in their home. We encourage vulnerable/at-risk individuals, persons 65 and older and those with underlying conditions, to consult their medical provider for advice on if they should stay home. Administration will send people home if they develop symptoms, or show signs illness (fever, cough, shortness of breath) while at the MAC. We have adopted a temporary "Stay Home" COVID-19 Class Credit Policy to encourage people to stay home.



Handle Food Carefully

We are limiting food and drink sharing.



Action Plan

We have an action plan in place if we are made aware that a staff member, or current instructor or student tests positive for COVID-19. This includes following the CDC's Public Health Recommendations for Community-Related Exposure and contacting the city of Middletown Health Commissioner.

*The use of "people" shall include: staff, instructors, students, volunteers, board members, and visitors to the MAC.

November, 2020